



RUSSIAN SCHOOL LUCHIK  
MILTON KEYNES & BEDFORD

## Health and safety policy

### 1 General statement

Russian school “Luchik” is working towards a comprehensive health and safety policy and is bound to abide by the Health and Safety at Work Act. This lays down certain duties on all staff and volunteers. The duties are to take care of their own safety and that of other staff, volunteers and visitors, and to co-operate with the management committee and its officers to enable it to carry out its responsibilities. In particular, staff and volunteers have a duty to:

- work safely, efficiently and without endangering the health and safety of themselves, their colleagues or any other person who has a right of access to the organisation’s premises at any time
- adhere to “Luchik” school safety procedures laid down by from time to time, and conform to all instructions given by those with a responsibility for health and safety
- record all accidents, near-miss occurrences and hazardous situations in the health and safety/accident book and report them to the next Committee meeting.
- meet their other statutory safety obligations, including that laid down in Section 8 of the Act, which states that ‘no person shall intentionally or recklessly interfere with or misuse anything provided in the interests of health, safety or welfare in pursuance of any of the relevant statutory provisions’.

### 2 Organisation and responsibilities

#### 2.1 Management committee

Overall and final health and safety responsibility within the organisation lies with the management committee. The trustee board shall appoint one person, who will take the responsibility for drawing to the attention of the management committee, staff and office volunteers any health and safety matters that need to be discussed and/or acted upon.

#### 2.2 Delegated responsibility

**Nadja Jemeljanenko** shall be appointed as the health & safety officer and given delegated responsibility for ensuring that the health and safety policy is carried out within the organisation. In particular, they will be given delegated responsibility for:

- carrying out regular safety inspections in the offices utilised by “Luchik” school
- ensuring that staff are provided with suitable seating and appropriate computer work stations
- ensuring that floors and aisles are kept clear, as far as reasonably practical, of trailing wires, equipment, stationery, and so on.

- ensuring that the general fabric of the offices (including office items and equipment used by staff) is maintained
- investigating and reporting accidents
- making staff and office volunteers aware of the specific fire escapes and fire extinguishers within the building
- ensuring staff and volunteers are given a copy of this policy and understand its contents
- ensuring that staff and volunteers are made familiar with the alarm systems within the building and action to be taken in the event of a fire
- drawing to the attention of the management committee and staff any new legislation on health and safety relevant to the work of "Luchik" school
- drawing to the attention of the management committee any matters they are unable to deal with.

### 2.3 Staff and volunteers

All staff and office volunteers have a responsibility to:

- read and fully understand "Luchik" Russian school policy statement and the procedures to be carried out in the event of an emergency; if there is any doubt about the meaning, staff must seek clarification from the health & safety officer
- co-operate with the management committee and the health & safety officer, as appropriate, to achieve a healthy and safe workplace and to take reasonable care of themselves and others
- report to the health & safety officer within 24 hours of any accident occurring:
  - on the premises
  - off the premises, while acting on behalf of "Luchik" school
- bring to the notice of the health & safety officer any potentially dangerous circumstances that the employee is unable to put right.

### 2.4 Review

The health & safety officer in conjunction with the other members of the school management committee, will keep this policy under constant review to reflect any changes in legislation. The policy will be fully reviewed every three years and will be subject to approval by the management committee.

## 3 General arrangements

### 3.1 Accidents, near-miss occurrences and hazardous situations

"Luchik" Russian school has a health and safety accident book located in River Valley Centre and all incidents, no matter how small, must be recorded as soon as possible after the incident. The incident should also be reported to the health & safety officer. In addition to reporting accidents, it is equally important to report near misses and potential hazards, so as to enable preventative action to be taken before it is too late. Once an incident has been recorded in the accident book, the sheet must be removed and stored separately, for example, in the personnel file.

It is the responsibility of the health & safety officer to ensure that any necessary follow-up action is taken to reduce the risk of the accident or near accident reoccurring.

The health & safety officer is responsible for reporting incidents which come within the Reporting of Injuries, Diseases & Dangerous Occurrences Regulations (RIDDOR), to the Environmental Health Department. RIDDOR covers the following incidents:

- fatal accidents
- major injury accidents/conditions
- dangerous occurrences
- accidents causing more than seven days' incapacity for work
- certain work-related diseases.

A first-aid kit is available at the kitchen.

### 3.2 General fire safety

The designated person is responsible for the maintenance of the fire-fighting equipment and the arrangement of regular fire safety checks and fire drills. When using new premises or sites, the designated officer must familiarise him/herself with procedures and brief all staff and volunteers. All staff must also read and understand the fire procedure. A fire notice is located in the black foldeer at the kitchen.

## 4 Personal safety

- Staff or volunteers who are working on their own should not allow access to casual visitors who have no appointment.
- All windows and entry doors will be lockable.
- Staff who are going to be away on "Luchik" Russian school business should make it clear to other staff where they will be, how long for and how they can be contacted.
- Staff should inform the coordinator who they wish to be contacted in the event of an emergency, giving contact details.
- Staff who carry money for "Luchik" Russian school have the right to be accompanied by another person.
- Visits to the bank should not be at a regular time.
- Staff should not put themselves at risk on account of "Luchik" Russian school's property.
- All incidents of aggression or violence and any threat to personal safety should be reported to the health & safety officer and recorded in the accident book.
- Staff should be vigilant with regards to terrorist incident warnings – for example, unattended bags.

## 5 Stress management

- Stress at work is a serious issue: workers can suffer severe medical problems, which can result in under-performance at work, and cause major disruptions to the organisation.
- The responsibility for reducing stress at work lies both with the employer and the employee.

- member of staff should become aware of the causes of stress, and ensure that they do not work in a way which could cause them to suffer an increase in stress, nor cause an increase in stress on others.
- If a member of staff is suffering from stress at work, they should discuss this with their line manager or health & safety officer at the first opportunity. Where practicable and reasonable, "Luchik" Russian school will seek to provide assistance to the member of staff.
- "Luchik" Russian school will do all it can to eradicate problems relating to stress at work.

Agreed by the Management Committee

Signed: .....AZ..... Date:  
.....18/10/2013.....